

Bruderheim School

Parent Newsletter – October 14, 2022

From the Principal

Another week in October is in the history books, and we're sure thankful for the beautiful fall weather we've been experiencing! This week our students went for their second round of swimming lessons at the Harbour Pool. During our TIGER Traits Assembly, we were joined by our Literacy Consultant Mrs. Martin Spady. She connected our Teamwork theme with Literacy and read a "Choose Your Own Adventure" book to our students, which included many opportunities for student input! All of our students had the opportunity to participate in the Junior Firefighter Challenge and learn about fire safety. They had a great time racing against the clock and other firefighters as they completed the obstacle course! Thank you to the local Ag Societies for partnering to fund this opportunity, and thank you to our guests (Jeff, Nathan, Nikky & Sandra) who organized and ran the program. We also had the opportunity to deepen our Indigenous learning this week. Thank you to Mrs. Atcheynum, a member of our First Nations, Metis & Inuit Education Team, for teaching our students, and we look forward to her returning throughout the school year.

Key Dates

October

October 16th-22nd: School Bus Safety Week

October 17th-20th: Book swap

★ **October 18th:** Swim lessons - grades 4, 5, 6

October 19th: School picture day

October 20th: True 2 You 3:30 (grade 5, 6 girls)

★ **October 27th:** Swim lessons - grades 1, 2, 3

October 27th: True 2 You 3:30 (grade 5, 6 girls)

October 31st: Halloween

November/December

November 2nd: School spirit day – wear black, yellow or school spirit wear

November 2nd: Early dismissal 2:00

November 3rd: True 2 You 3:30 (grade 5, 6 girls)

November 4th: Remembrance Day assembly 10:30

November 7th-11th: Fall break (no True 2 You this week)

November 16th: School picture retakes

November 17th: True 2 You 3:30 (grade 5, 6 girls)

November 18th: Too Bright Day – wear neon (bright) clothes and sunglasses

November 24th: True 2 You 3:30 (grade 5, 6 girls)

November 25th: Report cards

November 30th: Parent/Teacher Interviews

December 1st: Parent/Teacher Interviews

Hot Lunch Order Forms Due October 23

[Bruderheim November 2022 Hot Lunch Form](#)

This year the kitchen staff will be providing lunches 3 days a week-Tuesday, Wednesday and Thursday. On Mondays and Fridays everyone will receive a healthy snack so please pack lunches on those days.

For anyone new to our lunch program, this form allows you to pick what your child would like to eat each day. The more specific choices you make the less waste we have. The monthly menu is always available on the Lamont Elementary School website under "Lunch Calendar."

Please submit one form per student.

As in the past few years all lunches will be individually packaged and delivered to the classrooms at lunch time. Please send reusable cutlery for your students to use to help cut down the waste we have everyday.

~~On occasion, for reasons we can not control we may need to make substitutions to meals.~~

We're Looking for Volunteers for the Following

Picture Day – October 19

Picture Day Heroes (volunteers) play an essential role in helping our school and students have a successful picture day. If you can assist the photographer, please contact the school at 780 796 3936. In return, Lifetouch is offering a coupon toward the purchase of their child's portrait package.

Hot Lunch Program

We are excited to be able to once again have volunteers in our kitchen this year! If you would like to volunteer with us, helping to dish lunches for our kids, please fill out the form [Bruderheim Volunteer Form](#), and we will add you to our volunteer list. Thank you!

Bruderheim School's 8th Annual Book Swap

Also, we will be hosting our 8th annual Book Swap in October. Students can bring in up to 5 books that are in excellent condition for others they can keep. Further details will be shared soon. Please enjoy all our library has to offer and take the time to read WITH your children. I am excited to make the library one of your child's favourite places in the school!



Be Your Best!

School Bus Safety Week: October 16-22

Schools throughout Elk Island Public Schools (EIPS) are celebrating School Bus Safety Week from October 16-22. The theme: 'Make the World Green, Ride Yellow,' which focuses on transportation choice and the environment. Throughout the week, various activities are planned, including information sessions, bus-safety lesson plans and bus-evacuation drills.

In addition, students are participating in the Alberta Student Transportation Advisory Council's province-wide poster contest, open to kindergarten to Grade 6. Each winner—one from each grade level—whose poster best illustrates the theme, 'Make the World Green, Ride Yellow,' will receive a \$25 gift card, a framed original of their poster, an engraved plaque and \$100 for their classroom.

As part of School Bus Safety Week, Bruderheim School reminds students and families that all Division school buses are equipped with a bus-pass scanner, GPS technology, the Child Check-Mate system and surveillance equipment, which allows Student Transportation to better monitor and manage its more than 170 buses. Families and students also have access to the Traversa Ride 360 app, a mobile tool to help determine the location of a bus, projected arrival times and when a child is scanned onto a bus.

For more information, visit EIPS Student Transportation or contact 780-417-8151.

Caregiver Education Sessions: October Sessions

Alberta Health Services offers free online programming for parents and caregivers of children and youth. Sessions are offered through Zoom. Upcoming topics include understanding anxiety, supporting children and adolescents with ADHD and parenting in the 21st century. The list of [October 2022 sessions](#) is now available.

Enhancing Literacy and Numeracy

As part of Elk Island Public Schools' (EIPS) ongoing efforts to enhance the literacy and numeracy of students in all grade levels, the Division is once again administering the Star Early Literacy and Star Reading assessment tools in the 2022-23 school year. The Division's also launching a new assessment called Star Math. These tools focus on literacy and numeracy, are digitally based and offer an opportunity for students to demonstrate their learning. The goal: To provide timely information to teachers, help enhance classroom instruction and identify student learning needs.

Three times a year, EIPS students in Grade 1 complete the Star Early Literacy assessment and students in grades 2-12 complete the Star Reading assessment. Both assessments are administered electronically and take about 20 minutes. Students in grades 2 through 10 also complete the Star Math, a mathematic screening tool. It, too, is administered electronically and takes about 30 minutes for students to complete. The results offer teachers a clearer picture of a student's learning needs and help determine if subsequent instructional planning is required. NOTE: Semester students complete the Star Math twice, at the start and end of the course.

In addition to the Star assessments, Alberta Education now mandates that all students in grades 1-3 complete additional literacy and numeracy assessments. Students in Grade 2 and Grade 3 completed these provincial assessments in September. Grade 1 students will complete the assessments in January 2023. EIPS also administers the assessments to all Grade 4 students to gauge learning loss from the pandemic, which the Division is now analyzing.

The scores of the assessments aren't used toward a student's grade, and there is no need to study ahead of time. The tools simply provide the teacher with information to better understand where each student is in terms of reading comprehension and mathematic ability. If, after analyzing the results, it's determined that a student can benefit from extra support, the teacher will contact the family to discuss possible support strategies.

For more information about the Division's Star and MIPI assessment tools, contact EIPS Supports for Students at 780- 464-3477.

Introducing Permission Click

EIPS has begun migrating school and Division forms to the online Permission Click platform. Many families will have already received one or more forms within the new system. Permission Click makes the form submission process for families simple and straightforward. Forms are also easily accessible and fillable from your mobile device. Families will generally receive forms in one of two ways—sent as a link within a SchoolMessenger email or in a direct email from Permission Click sent to the first parent or guardian on record in PowerSchool. Be sure to add notifications@permissionclick.com to your safe sender list to ensure required forms aren't mistakenly directed to your junk mail folder.

Pay School Fees Online!

School fee information for the 2022-23 school year is now posted on the PowerSchool Parent Portal. All fees are due within 30 days of being posted. To access your fee information, simply log in to the PowerSchool Parent Portal and go to "Student Fees." There you can view your fees and pay them online.

Don't forget to also log in to the PowerSchool Parent Portal regularly throughout the year. Fees are often added to your child's account to cover the cost of various school activities such as field trips, class projects, extracurricular activities fees and more.

If circumstances exist where you are unable to pay your fees, you can apply to have certain fees waived by submitting an Application for a Waiver of Fees. The application deadline is December 15th, 2022.

For more information about school fees, waivers and payment deadlines, visit www.eips.ca/schools/fees and <https://www.bruderheimschool.ca/about/fees>. Alternatively, contact Mrs. Carlson at Bruderheim School, 780 796 3936 or general.bru@eips.ca.

Request For Christmas And Holiday Themed Artwork

The Division is seeking submissions of Christmas and holiday-themed artwork to be used for the Board of Trustees official greeting cards. We're looking for seasonal and winter images in the unique, creative style only students can provide. Those whose work is selected will be advised.

Guidelines and information for art submission:

- Finished card size will be 5" x 7" but larger art may be submitted—standard letter-sized, for example.
- Artwork may be vertical or horizontal.
- Artwork may be created on any paper and with any medium as long as it can be properly scanned—thick 3D art or art larger than 8.5" x 11" may not work.
- Avoid including words of any kind—let the art tell the story!
- Avoid including the student's name on the art. If included, first name only.
- Submit the full name, grade and school along with the artwork when sending it in the courier. Note: Only the first name and grade will appear on the finished cards in conjunction with the EIPS logo.
- Originals are needed for scanning; they'll be returned to the school.

*NOTE: Scanned artwork may be resized and cropped to fit the cards and best display the art.

To be considered, all artwork must be received by **November 1**.

Student Artwork At Central Services

Central Services is looking for temporary collections of student artwork to display in its front reception area. We're displaying this artwork on a rotating basis to provide the opportunity for multiple schools to be involved. Each school's rotation will be

one- to two-months long, depending on the interest received from across the Division. All artwork will be returned at the end of each rotation.

Frames at Central Services can fit artwork up to 16 inches by 20 inches (landscape or portrait). Alternatively, you may have artwork that doesn't require a frame or your own frames of other sizes that work. The 16-foot shelf will fit up to eight frames—depending on the frame orientation. We also have a second set of display shelves for smaller artwork and a display case for small, three-dimensional pieces. Contact [Communication Services](#) if you're interested in being involved.



SAFFRON Internet Safety Sessions

Youth Internet Safety Session

In collaboration with Fort Saskatchewan Family and Community Support Services, Boys and Girls Club Fort Saskatchewan and the Bridge, SAFFRON is offering two upcoming youth internet safety sessions. The presentations will teach youth on how to stay safe online, set boundaries online and learn more about the social media platforms they use.

Thursday, October 13th

6 pm to 7 pm.

The Bridge

OR

Thursday, October 27th

7 pm to 8 pm.

BGC Fort Saskatchewan

Registration is not required. For more information, call 780-992-6267 or email fcssinfo@fortsask.ca.



Internet Safety

October 13, 2022 @ The Bridge 6:00 - 7:00pm
October 27, 2022 @ BGC Fort Saskatchewan 7:00 - 8:00pm

A presentation for youth on how to stay safe online, setting boundaries online, and learning more about the social media platforms we use.

For more info call 780-992-6267 or email fcssinfo@fortsask.ca

SAFFRON CENTRE Family & Community Support Services CITY OF FORT SASKATCHEWAN bgc THE BRIDGE WELLNESS FOR OUR YOUTH



Cyberworld: What Happens When Youth Press Send?

October 19, 2022
7:00 - 9:00 pm
@ BGC Fort Saskatchewan
*Registration not required

A presentation for parents and caregivers on practicing internet safety with youth. The presentation also discusses online child sexual exploitation and how to respond to it.

For more info call 780-992-6267 or email fcssinfo@fortsask.ca



Parent Internet Safety Session

In collaboration with Fort Saskatchewan Family and Community Support Services and Boys and Girls Club Fort Saskatchewan, SAFFRON is also offering one parent internet safety session. The presentation will teach parents and caregivers how to practice internet safety with youth and discusses online child sexual exploitation and how to respond to it.

Wednesday, October 19th

7 pm to 9 pm.

BGC Fort Saskatchewan

Registration is not required. For more information, call 780-992-6267 or email fcssinfo@fortsask.ca.

Talking to Children About Sexuality and Sexual Health Workshop

The Centre for Sexuality is hosting a workshop on how parents and guardians can talk to their children about healthy relationships, sexuality, and sexual health.

Tuesday, October 18th

7 pm.

Virtual

Register at <https://forms.fortsask.ca/FCSS/Workshops>



The Centre for Sexuality Presents:

Easier Than You Think. Talking to Children about Healthy Relationships, Sexuality and Sexual Health

Tuesday October 18th @7pm
Virtual Workshop
Recommended for parents/guardians of children ages 8-12

Register Via [fortsask.ca/FCSS/Workshops/](https://forms.fortsask.ca/FCSS/Workshops/)

Centre for Sexuality 50 Families First Society Family & Community Support Services CITY OF FORT SASKATCHEWAN

Parents promoting positive mental health

Parents play an important role in supporting a child's mental health.

Mental health affects the way you think, feel and act.

You can promote good mental health by the things you do, say, and the environment you create at home.

Focus on strengths

When your child brings home a test, talk first about what they did well instead of focusing on mistakes.

If improvement is needed, ask your child what they could do better next time.

Have suggestions ready if they ask you.

Ask questions about feelings

Help your child name and calm feelings; start by asking how they feel.

Let them know that it's OK to talk about feelings.

Feelings are not right or wrong, and you can't control how you feel.

You can control how to act when you have strong feelings.

Listen and show empathy

Stop what you are doing and look at your child when you talk to them.

Listen to what your child is saying about their feelings without judgement.

Put yourself in their place.

Acknowledge what your child is feeling.

MORE RESOURCES

[Parents Promoting Positive Mental Health | \(alberta.ca\)](https://www.alberta.ca/parents-promoting-positive-mental-health.aspx)

[Helpful Tips and Strategies \(alberta.ca\)](https://www.alberta.ca/helpful-tips-and-strategies.aspx)

[Parent Information Series | Alberta](https://www.alberta.ca/parent-information-series.aspx)